



Obafemi Awolowo University Ile-Ife
Faculty of Education
Department of Educational Foundations and Counselling
EFC 647 School Counselling and Behaviour Change,
Harmattan Semester 2013/2014 Session.

Instruction: Attempt the following questions. Time: 3hrs.

Section A

1. When personality is viewed from a two-way interaction between a person's characteristics and the environment, such process of interaction can be referred to as-----
2. According to the social learning theory, basically what people do is largely based on-----
3. In classical conditioning, the opposite of acquisition is-----
4. Going by the theory of Skinner, when information is presented in small amounts so that responses can be reinforced; this type of behaviour change is called-----
5. The current name for 'Behaviour Modification' is -----
6. The form of learning in which the consequences of behavior lead to changes in probability of its occurrence is known to be-----
7. In a classroom setting, how does a teacher produce extinction in classical conditioning? ----
8. Beneficence and Nonmaleficence to counsellor stand to mean-----
9. When a counsellor shares information and advice that are necessary for the client to make an informed decision about life event, he is going through the process of-----
10. When counsellor is being honest with clients and faithfully honouring the counsellor's commitment to the client's progress, he is meant to be practicing-----

10 marks

Section B

1. Bade is the only surviving son of Mr. and Mrs. Ayodele. He studied Petroleum Microbiology in America through student scholarship. At the age of 32, Bade has no wife, children and other physical personal effects to describe him as a successful university graduate. These behaviours propelled his parents to mount pressure on him to relocate and settle in Nigeria where they could assist to get him a job and a lady to raise his own family. When Bade arrived Nigeria, he rejected the job his parents got for him for music; he insisted he wasn't getting married to the young lady his parent; brought to him but an elderly woman in the neighbourhood and they would adopt a son from a motherless babies' home to nurse. He objected to building a house for himself, affiliating to the religion of the family. keeping a steady group of friends or family relations etc. He later declared to his parents that he is a bisexual and he is happy with it. In all of these, the

parents feel dissatisfied especially the mother who has attempted suicide because her son has brought shame to them.

- a. In the scenario created above, does anything about Bade seem strange?
- b. In the Nigerian context, on what basis can Bade's behaviour be judged normal and abnormal'?
- c. Using Bade's case study above, define abnormal and normal behaviours and highlight three approaches as the causes of the behaviours.

15 marks

2. In social learning approach children tend to learn through observation alone and future reinforcements or punishments can make them pick or drop such behaviour. With the present situation in Nigeria;

a. Are these concepts (reinforcements and punishments) appropriately used in our schools'? If your answer is Yes; describe how they are used as you create a classroom scenario to support your claim. If your answer is No; explain why they are not appropriately used and to support your claim raise at least three (3) steps to be taken in using them.

b. Using vicarious reinforcement as demonstrated in Bandura's experiment; offenders often go unpunished in Nigeria, how would you as a classroom teacher make your students show less interest in this style of learning by applying their cognition positively to learning?

15 marks

3a. Some of the methods to gather data to modify an unwanted behaviour are self observation and observation by others. Identify and discuss three other methods of data gathering.

b. A 14-year-old accompanied by her mother presents with complaints of nausea and vomiting for two weeks having also missed school for two weeks. After her mother leaves the counselling room, she admits to being sexually active and tells you that she has had unprotected intercourse recently with her boyfriend and missed a period. Her parents do not know she is sexually active, and she does not want her mother to know that a pregnancy test is being done or the result of that test. Pregnancy test comes back positive.

i. in this case: study, has the client requested you to respect her confidentiality or privacy as you identify the distinct differences between the two?

ii. in this situation as a counsellor, give different reasons that can make you divulge this secret as you explain in a logical way how to manage the situation?

20 marks