

OBAFEMI AWOLowo UNIVERSITY, ILE-IFE

FACULTY OF EDUCATION

DEPARTMENT OF EDUCATIONAL FOUNDATIONS AND COUNSELLING.

M.A./ M.Ed Guidance and Counselling Harmattan 2011/2012 Examination.

EFC 661: Principles and Practice of Guidance and Counselling.

Instruction; Answer all questions in both sections A and B.

Time Allowed: 3 Hours.

SECTION A.

1. Identify the major guidelines for incorporating multicultural counselling strategies into a personal approach in counselling.
2. Rogers (1957) and Carkhuff (1971) gave some core conditions necessary for successful counselling, list these conditions.
3. How would you differentiate between formal and *informal* helping (advise giving)?
4. Confidentiality is a critical condition in counselling, state the limits to which this is applicable.
5. What are the suggested things to avoid for effective listening?
6. State the viewpoints of human nature as identified by Behaviour Theory.
7. Name seven different techniques/strategies of behavior therapy.
8. List the assumptions in psychodynamic theory.

SECTION B.

1. The current status of counselling in Nigeria shows that there is still a wide gap between it and the practice in the western world. What in your own opinion are the challenges confronting counselling practices in Nigeria.
2. Identify the support personnel for guidance and counselling in secondary schools and critically examine their relevance.
3. (i) Bohan (1992) stated six guidelines for feminism therapy practioners, briefly explain them.
(ii) Critically examine the major thrust of the Theory of Reasoned Action and explain its major limitations.