

OBAFEMI AWOLOWO UNIVERSITY, ILE – IFE
FACULTY OF EDUCATION
DEPARTMENT OF EDUCATIONAL FOUNDATIONS AND COUNSELLING

2012/2013 HARMATTAN SEMESTER EXAMINATIONS

EFC 661 - PRINCIPLES AND PRACTICES OF GUIDANCE AND COUNSELLING

INSTRUCTION: ANSWER ALL QUESTIONS

TIME ALLOWED: 3 HOURS

SECTION A

1. Give two differences between counselling and psychotherapy
2. Identify the three major psychodynamic theories and their proponents
3. What is multicultural counselling?
4. Itemise the four goals of counselling
5. List the five professional characteristics of a counsellor
6. What are the major stages under the counselling process?
7. Mention five defence mechanism relevant in resolving endopsychic conflict in man.
8. List the three types of Feminist counsellors
9. Mention 2 important records deployed to counselling practice?
10. Client centered therapy was developed by -----?

SECTION B

1. Discuss the roles of professional support personnel to counselling practice?
2. Explain into details the criticisms. against all the different theories of counselling