

INTRODUCTION:

Answer ALL questions in both Sections A and B in the answer booklet provided. Number your point and ensure that your answers are as brief as possible under Section A.

DURATION: 1 HOUR 30 MINUTES

SECTION A

1. Mention to reasons why clients who voluntarily seek counselling are preferable to those on referral
2. Some behaviour can be controlled by learning the environment that normally triggers of such behaviours. What is this method called?
What do you think is the major purpose of counselling? (in one sentence)
4. Confidential is an important characteristics of the counselling relationship. Mention 2 conditions under which counselor may reveal information obtained from his/her clients to a third party
5. List four learning problems of students in today's secondary schools.
6. Mention three misconceptions that people have about counselling/counsellors
7. A good counsellor should possess certain professional characteristics, list 3 of these
8. Identify 4 skills that are common to indigenous counselling practitioners.
9. State 3 ways in which counselling is different from guidance
10. Why do students need counselling? Give 4 reasons
11. State the three personality structures in man according to Sigmund Freud.
12. The causes of pathology in psychoanalysis theory is the conflict between _____ and _____
13. REBT is to _____ as Carl Rogers is to _____
14. Name three common modes of entry in school counselling
15. Mention the three most important themes that are found in any definition of counselling.
16. Guidance activities began with the efforts of _____ at _____
17. Mental Health Movement was originated by _____
18. A method of counselling in which client is free to express is/her feelings is peculiar to which counselling techniques?
Give one reason to justify the relevance of continuous assessment as a tool in guidance and counselling in schools today
20. Explain in one sentence what empathy is in counselling.

SECTION B

- a. State 3 implication of conceptualization of counselling as a process.
 - b. A counsellor is likely to encounter some problems in initiating guidance services in Nigerian Secondary schools. Briefly explain these problems and suggest solutions to them.
 - c. Identify and explain briefly the common techniques that counsellor can use to generate information from the client.
- Justify the need for guidance and counselling in secondary schools today under the UEE programme
- Identify the various guidance services Sound in secondary schools today.
- Mention the functions of the school counsellor in the UBE programme.