

OBAFEMI AWOLOWO UNIVERSITY, ILE-IFE.
FACULTY OF EDUCATION
DEPARTMENT OF EDUCATIONAL FOUNDATIONS AND
COUNSELLING.
2011/2012 HARMATTAN SEMESTER EXAMINATION
EFC305: CAREER INFORMATION

INSTRUCTION: Answer all questions

DURATION: 2 Hours

SECTION A

1. Identify and explain six major sources of career information.
2. What do you understand by the term 'career maturity'?
3. Information gathering strategies can be divided into six ways. List them.
4. Job is a paid position requiring a group of specific ----- and ----- that enable a person to perform tasks in an ----- either part-time or full time for a short or long duration.
5. Enumerate the stages recommended by Frank Parsons through which a counselor is expected to take his/her client.
6. What is the conception of vocational development according to Super's theory of career development?
7. State any of the two of the four themes of Holland theory of career development.
8. A group of similar jobs found in different industries or organizations is -----
9. Mention four major sources of self efficacy according to Bandura's social cognitive theory of career development.
10. Identify the main stages of Super's career development theory.
11. What is the difference between incongruence and consistency according to Holland theory of career development?
12. How would you describe job satisfaction in career development?

SECTION B

- 1a. Discuss theory of career development according to Holland. Give two main reasons why we need to study theories of career development.
- b. It can be argued that you are on your way to the last three stages of Super's career development theory. Mention these three stages and outline the features of each of these stages.
- 2a. What is the major difference between Curriculum Vitae and Resume?
- b. You are asked to attach your Curriculum Vitae with an application you have written for a job. Write in not more than four pages the CV you hope to attach.
- c. As a worker in an organization or establishment, what arrangement or plans are you making for your retirement?