

OBAFEMI AWOLOWO UNIVERSITY

FACULTY OF EDUCATION

DEPARTMENT OF EDUCATIONAL FOUNDATIONS AND COUNSELLING

B. ED. DEGREE EXAMINATIONS

RAIN SEMESTER, 2012/2013

Course Code: EFC402

Course Title: Assessment of Human Counselling Needs

Time Allowed: 2 hrs

Instructions: Answer all questions in Sections A and B and any **THREE** questions in Section C.

SECTION A (10marks):

Answer all questions in this section by **selecting** the correct answer from the provided options..

Record the answers chosen on a fresh page in your answer booklet. Each correct option carries ½ mark.

1. Needs assessment in educational guidance and counselling is the first step in establishing
 - a. The efficacy of school guidance and services
 - b. Strength and weakness of the school
 - c. Goals and objectives of the school
 - d. Areas in which guidance and counselling will be required.
 - e. Financial requirements of a person
2. The human nature comprises instincts that all human beings are born with including the following EXCEPT _____
 - a. Self-preservation
 - b. death
 - c. reproduction
 - d. love
 - e. None of the above
3. The idea that "needs are instinctual stimuli that arise within the body" can best be described as a postulate from one of the following theorists:
 - a. Gestalt
 - b. Behaviouristic
 - c. Humanistic
 - d. Psychoanalytic
 - e. African
4. The idea that human beings cannot remain fully alive except in interaction with others is a description of human nature propounded by field theorists, one of whom is
 - a. Kurt Lewin
 - b. Carl Rogers
 - c. Sigmund Freud
 - d. B. F. Skinner
 - e. Olu Makinde
5. Which of the following correctly describes "adolescence" ?
 - a. a stage of rapid physical and physiological change in human development
 - b. a progressive transitional process between the ages of 12 - 18
 - c. intense physiological growth, physical maturity and psychosocial changes known as puberty
 - d. All of the above
 - e. None of the above

6. _____ seems to be the final transition of the individual into adulthood and the world of work as they get more separated from parents, exploring and defining their independence

- a. Private secondary schools
- b. Nursery and primary Education
- c. Tertiary Education
- d. All of the above
- e. None of the above

7. Effective counseling services begin by obtaining necessary information to make

- a. Necessary adjustment on counseling services
- b. Appropriate provision for counseling needs
- c. Appropriate and accurate decisions
- d. Arrangements for a very comfortable office for secretaries and clerks
- e. Money available for counselling services

8. The following are theorists of adolescence EXCEPT

- a. Abraham Maslow
- b. Erik Erikson
- c. Sigmund Freud
- d. Jennifer Appleton Gootman
- e. None of the above

9. The following reasons makes it necessary for guidance and counselling programmes to be instituted for students at the tertiary level of education in Nigeria EXCEPT

- a. Choice of subject that will lead to enduring vocation.
- b. demonstration and rioting.
- c. secret cult activities and drug addiction
- d. sexual immorality and theft.
- e. None of the above

10. One of the roles counsellors can play to help adolescents in accomplishing their developmental tasks is

- a. Providing them opportunity to participate in financial management of the nation
- b. Providing them with opportunities to challenge their growing physical capacities and test their limits with support and help from caring adults in a safe and secure environment
- c. Providing them the opportunity to remain with their parents throughout this period in order to strengthen child-parent bond
- d. Providing them the opportunity to travel outside the country to enable them to see what their peers are doing in other climes.
- e. Providing them to try any activities they deem correct and allowing them to bear the consequences.

11. The human needs for sex is classified underneeds

- (A) Self-actualisation (B) aesthetic (C) physiological (D) love and belongingness
(E) Growth

12. The most important of all human needs, according to Maslow, is

- (A) Self-actualisation (B) love and belongingness (C) physiological (D) security
(E) Growth

13. What is the importance of good preparation of needs assessment report

- a. to organize the counsellor's thoughts in planning adequate guidance and counselling activities in the school or any other organization
- b. to convince the organization that the counsellor is also busy
- c. to determine how many counselors will be needed to ensure timely and effective resolution of the counselling needs of the clients.
- d. All of the above
- e. None of the above

14. Gratification of certain needs, according to Maslow, means

- (A) Denying its existence (B) meeting it (C) cutting it down (D) postponing it
- (E) None of the above

15. In reporting counselling needs assessment, all of the following should be included except:

- a. The counselling theory that the counsellor prefers to use in the organization.
- b. The economic, historical, geographic, factors affecting area in which the organization is located
- c. Statement of the purpose of the needs assessment
- d. Description of the methods used to obtain information
- e. Summary of the counselling needs obtained

16. Following prepotency, theneeds precede aesthetic needs

- (A) Self-actualisation (B) self-esteem (C) love and belongingness (D) security needs
- (E) Physiological needs

17. The definition of human need as potentiality or readiness to respond in a certain way under certain given circumstances can be ascribed to

- a. Maslow's hierarchy of needs b. Murray's psychogenic needs c. Skinner's behavioural theory
- d. Alderfer's ERG theory e. George Kelly's cognitive theory

18. Which of the following theories postulated that employees behaviour in an organization is motivated simultaneously by more than one need level

- a. Maslow's hierarchy of needs b. Murray's psychogenic needs c. Skinner's behavioural theory
- d. Alderfer's ERG theory e. George Kelly's cognitive theory

19. The most concrete human need that is easiest to satisfy according to Alderfer's ERG theory is

- a. Growth needs b. Self Actualisation c. Esteem needs
- d. Love needs e. existence needs

20. The frustration-regression process in human needs stipulates that

- a. Those who are unable to satisfy higher needs become frustrated to the lower need level.
- b. Employees behaviour is motivated by more than one need.
- c. Lower level needs are firstly satisfy before the people aspire for higher order needs
- d. All of the Above
- e. None of the above

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SECTION B (20 marks)

Answer all questions in this section by providing short answers. Begin your answers on a fresh page (nor on the same page with Section A or C) in your answer booklet.

1. Counsellors **need** to study human nature because the **way** one conceives human nature influences (1 marks)
2. The **main** explanation of human nature **by** trait factor theorists is that (1 marks).
3. In human nature, theorists belief that man is able to reason, **observe** and interpret the effects of his behaviour and determine which behaviour is appropriate (1 mark).
4. What majorly precipitates change in individual's behaviour during adolescence?(1 mark).
5. Mention three developmental challenges or tasks faced by adolescents as identified by Eccles and Gootman. (3 marks).
6. Needs assessment should cover counselling services such as ____ and ____ (2 marks)
7. List any two reasons why you may want to adopt Focus Group Discussion in counselling needs assessment (2 marks).
8. Concerns of learners revolving around their choice of school and duration of academic programme, for instance, comes undertype of need while the development of requisite skills for continuing career education is one of the goals of (1 mark).
9. Sentience is said to mean— ____ while "presses" are otherwise known as (1 mark).
10. The **basic** needs in personality are otherwise tagged by Henry Murray(1 mark)
11. is the process of examining campus-wide data about class enrollment, attendance, grade point averages, and drop-out patterns as a means to identifying needs among the student population (1 mark).
12. The process **by** which data **from** human behaviour and interactions are collected as they occur and seen through the eyes of the counsellor is referred to as ____ (1 mark).
13. Identify two differences between Alderfer's theory of needs and Maslow's model (2 marks)
14. Identify two examples of demographic data twhich are necessarily collected during needs assessment (2 marks).

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SECTION C (ESSAY) (30marks)

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Answer ANY THREE questions in this section. Present your answers on a fresh page (Not on the same page with Section A or B) in your answer booklet.

1. List and discuss 5 developmental needs that an adolescent may have and how caregivers can help them with the needs.
3. (a) State and discuss four importance of needs assessment in guidance and counselling
(b) List the steps involved in conducting human needs assessment
2. (a) Outline and discuss the hierarchy of human needs theorized by Abraham Maslow
(b) How is this theory relevant to school counsellors?
4. Henry Murray's theory described the triangular conflicts in the life of the individual. Identify these conflicts and discuss how a counsellor could assist a secondary school student to overcome such challenges.
5. List and discuss any four tools used for assessing human needs in counselling.
6. List and discuss the five major steps involved in analysis of qualitative data collected during counselling needs assessment

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