

OBAFEMI AWOLOWO UNIVERSITY, ILE-IFE

FACULTY OF EDUCATION

DEPARTMENT OF EDUCATIONAL FOUNDATIONS AND COUNSELLING

2012/2013 M.A. /M.E.D., RAIN SEMESTER DEGREE EXAMINATION.

EFC 672: MENTAL HEALTH

TIME ALLOWED: 3 HOURS.

1. Explain the characteristics of mentally healthy teachers and students.
2. Discuss the factors that can be associated with mental illness of teachers and students.
3. Give your assessment of the causes of maladjustment. Explain five adjustment mechanisms that can be used to cope with maladjustment.
4. Describe the programmes that can be put in place to improve the mental health of teachers