

Relationship between students' study habits and academic achievement.

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Abstract:

This study examined the relationship between the study habits of students and their academic achievement.

A total of 240 (135 males and 105 females) Form Four students in six secondary schools in the city of Ibadan, participated in the study. One study habits questionnaire was used to collect data about their study habits. Their past records were used as a measure of their academic performance.

Correlation analyses, t-test analysis, X² -analysis were used to analyses the data. The statistics obtained were considered significant at the 0.05 level.

Results of the analysis showed that

1. There is a significant relationship between the study habits and academic performance of students.
2. The study habits of high and low achievers are significantly different.
3. There is no significant difference in the study habits of boys and girls.
4. The study habits of girls in mixed schools and girls in only-girls schools are not significantly different.
5. The study habits of boys in mixed schools and boys in only-boys schools are not significantly different.

It was therefore suggested that counselors and teachers inform students about those study habits which would help them to retain and easily recall what they have learnt. Teachers are also specifically urged to make learning meaningful to their students.

Keywords: Academic/ habit/ performance/ education/ learning/ teachers/ intelligent quotient

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